

I created AANCHOR (An Alternative National Curriculum [Heavy] On Responsibility) in 1981 for a Master's thesis and then applied for a Federal Grant under Title XX – The Adolescent Family Life Act (Denton & Hatch). With Terry Olson, we received about \$740K to demonstrate the efficacy of AANCHOR. We trained teachers in CA, AZ, NM, and UT over 5 years to help them nest the 3 modules into their existing curricula in Health or Social Studies. Result: the *first* curriculum to demonstrate statistically improved abstinent attitudes in youth. This was counter to the efforts of Planned Parenthood to hand out contraceptives and recommend abortion to end unwanted pregnancies. For me, a mere graduate student at the time, the grant provided a fantastic growth opportunity which included presenting to administrators and teachers in random schools the possibility of utilizing the curriculum, the creation of content, training teachers, outlining relevant testing, working with professors at USU to test the students in all four states, and then submitting multiple papers for journals. For a graduate student, I can't think of a more expansive opportunity and experience.